

DE STRESS & BURNOUT RETREAT



ABOUT ALIVE



ELITE

TRUSTED BY
VIP'S



PRIVATE

EXCLUSIVE &
CONFIDENTIAL



SKILL

PROVEN RESULTS
SINCE 2009



EXPERT

PROFESSIONAL
DEDICATED TEAM



5 STAR

THE ULTIMATE IN
LUXURY

Private discreet 1:1 confidential treatment for stress with a 15:1 team ratio to client for mental health, life, health rejuvenation, relationship issues and life direction guidance uniquely created for high net worth individuals.

You are the only guest working with a complete team of therapists, executive and high performance coaches, medical, biomedical, mental health and complimentary therapy practitioners providing you a one stop shop for the best possible results.

Every program is created uniquely only for you to deal with a range of issues for stress, burn out, loss of health and habits, anxiety, depression, trauma, relationship issues, loss of purpose and direction, addiction, mental health issues and more.

You will be welcomed by a highly experienced international team to support you in the complete transformation of your life, health, habits, relationships, self, business and more without judgement and with pure skill.

Our programs are uniquely created for UHNWI's and VIP's understanding the unique issues you face in every area of your life.

We offer an outstanding level of holistic excellence in treatment proven since 2009 and a life changing experience that is fun, enjoyable and gets you the results you want in all areas of your life.

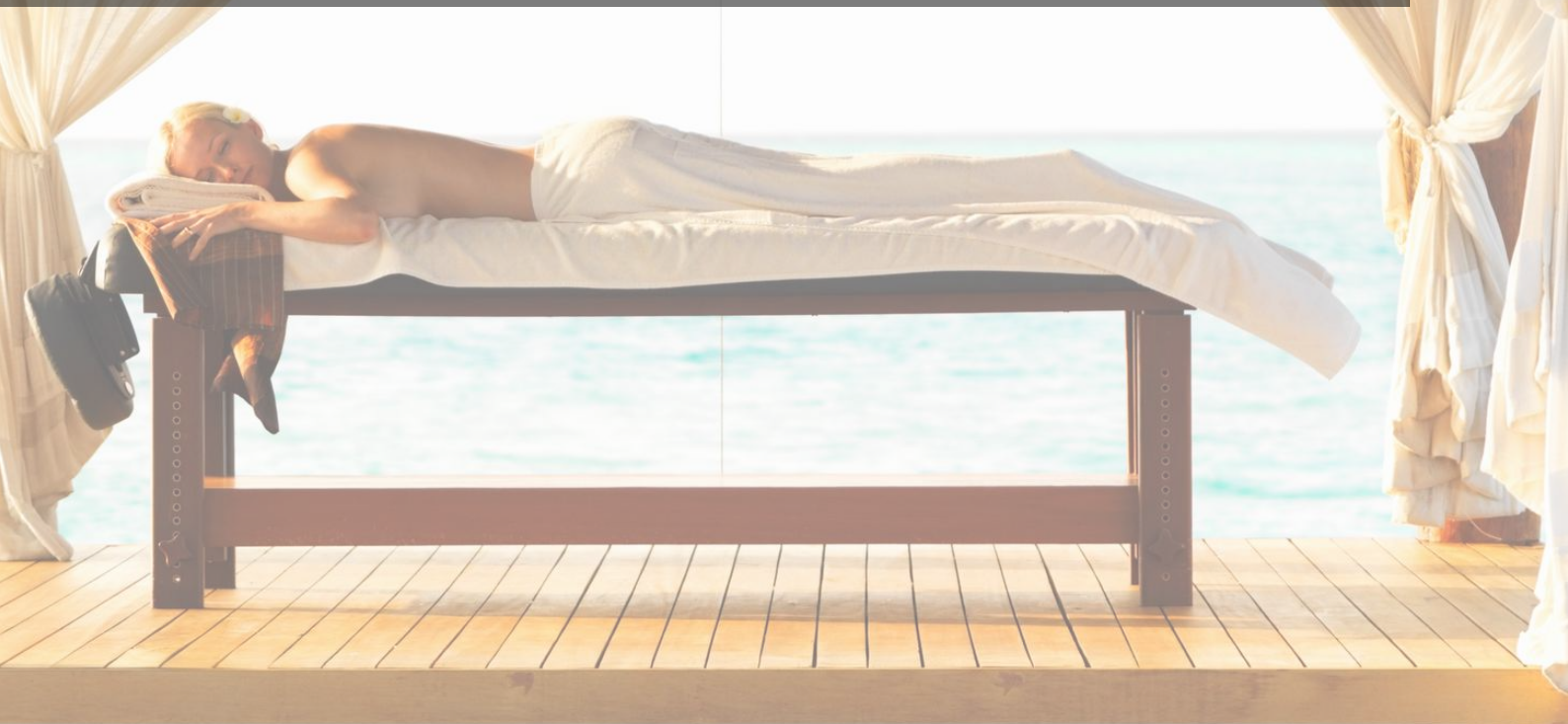
We go well beyond the traditional 'treatment facilities' or 'just a retreat' and deliver a genuine life changing experience offering results in record time with a real, inspiring and utterly transforming approach to dealing with some of the toughest issues you may be facing.

The Alive Team

A TRANSFORMATIONAL PROGRAM FOR ROBUST HEALTH, MENTAL WELLBEING & RECREATING YOUR LIFE

ALIVE IS A TRUE LIFE TRANSFORMING PROCESS FOR THOSE LOOKING TO TAP DEEPLY INTO THEIR UNIQUE PURPOSE IN LIFE & HUMAN POTENTIAL WHILST PLAYING AT THE TOP OF THEIR GAME - WITHOUT LOSING THEMSELVES.

THIS IS A POWERFUL SYSTEM THAT TRANSFORMS INDIVIDUALS AT THE CORE TO PLAY AT THE ULTIMATE LEVEL OF SUCCESS WHILST MAINTAINING THE ULTIMATE LEVEL OF ENERGY, INNER HARMONY, MEANING AND FULFILMENT & ERADICATING WHAT IS IN THE WAY OF EXPERIENCING THE TRUE LEVELS OF HEALTH & HAPPINESS THEY DESERVE & DESIRE.



Reconnect. Rediscover. Realign. Recreate.

WHAT WE DO

We Cure Burn Out For Good



BIO MEDICAL DETOX

Recharge your whole system with a unique protocol to reduce stress fast and reverse the effects of stress on the mind and body.



NUTRITIONAL CLEANSE

Regain true power from the inside out with a uniquely designed nutritional cleanse provided by your Executive Chef.



MOVEMENT & NATURE

Regain your strength and will in the outdoors to breathe life into every cell of the body whilst reconnecting with nature exploring our tropical hideaway.



MIND TRANSFORMATION

Get to the real core of what drives your stress, learn the art of self mastery for the mind and tools to avoid burn out for good.



HABIT HACKING

Rebuild your life as the greatest version of yourself integrating new tools into daily life with passion and accountability for long term change.



DE STRESS & HEALING

We create long lasting calm & authentic happiness by healing issues at the core releasing stress mentally, physically, emotionally and energetically.



RAPID TRANSFORMATIONAL THERAPY

Working with top mental health therapists you uncover all that holds you back and step into your power. We work intensively for the best results.



LIFE & EXECUTIVE COACHING

The unique Alive Process is designed to powerfully inspired and educate our clients on using a system built to live a life they love.



RELATIONSHIP HEALING

Repair, reconnect and rebuild fractured relationships to create the connection, trust and acceptance you all seek.



PURPOSE, CAREER & WEALTH

Live a life on purpose, scale your career or business with ease & live into a powerful vision for your life managing wealth without stress or sabotage.



REFLECT, REST & RECONNECT

Master the art of reflection in order to become the most present calm and unstoppable version of yourself.



LONG TERM AFTERCARE

Have the full support of your own private wellness and life transformation team for long term accountability in the real world to ensure changes stick.

ABOUT YOU



ABOUT YOU

Many of our clients are dealing with an immense amount of pressure and responsibility in their lives that no one else really understands. Even those closest to them can never fully grasp their potential and the pressure that comes with it.

Some have extreme wealth and freedom and have lost direction of buckle under the immense responsibility. Some have found fame or wealth quickly and are struggling to deal with the pressure. Some struggle to deal with their extreme potential and creative abilities and a mind that never stops.

Every client is unique.
And we understand you uniquely.

Whether you are crumbling under pressure, losing your identity, lost all meaning or outsourcing your anxiety in ways that don't serve you... without judgement we support you to recover yourself, your life and your direction in record time. Everyday therapy & dry clinical approaches don't work for extraordinary people with extraordinary circumstances.

That's why we exist.

We meet you at your level, we are honest and direct in our approach and we connect to who you really are without judgement, with warmth and skill and with full support. It is for this reason our high net worth clients have us 'outside their circle' but working closely with them behind the scenes for good reason. We are the glue that holds you together regardless of circumstances. We look forward to working with you in privacy to elevate your potential in all areas of life and to ensure you build an unbreakable relationship with yourself AND the journey is actually fun and inspiring every step of the way.

We only ask that you pass on the impact that you receive from this program to the masses using your reach and ability to transform the lives of others in small or big ways.

Reconnect. Rediscover. Realign. Recreate.

WHY CLIENTS COME TO US

- Constantly doing, progressing & chasing and never taking the time to just be or even stop completely?
- Buckling under the pressure & overwhelm of constant responsibility?
- Running an endless race that gets you nowhere?
- Pushing yourself to succeed at the expense of all things that matter in your life?
- Constantly putting out fires, creating & achieving but never feeling truly happy, appreciative or worthy of all that you have created?
- Trying to be superman/woman on a daily basis & please everyone?
- Filling others cups before your own & feeling resentful?
- Setting standards for yourself that are impossible to reach or being dictated by others to achieve the impossible?
- Dealing with ongoing stress that never seems to end?
- Never having enough harmony in your life and all life areas?
- Tired and exhausted and lacking the energy and clarity needed to get things moving?
- Losing your focus & inner strength?
- Never getting around to have healthy habits in place or to help them stick?
- Feeling exhausted and wondering when your zest for life will come back?
- Losing your sense of self and can't control the non stop thoughts?
- Can't remember the last time you felt present, clear, rested and refreshed?
- Feeling as though no one understands what you are thinking and feeling on a daily basis?
- Believing falsely that finding balance takes months or even years?
- Feeling like your true purpose and meaning is slipping?
- Feeling just plain over it and tired instead of EMPOWERED?

We Completely Understand....

WHAT'S THE PROBLEM?

There are common issues that our clients face that are unique that standard therapy or other programs do not understand:



PRESSURE & RESPONSIBILITY

Whether the pressure is real or perceived many of our clients are struggling to live at the level of life they have created or were born into.



TRUST ISSUES

With wealth, freedom and power comes great responsibility & the need for strong boundaries our clients are simply overwhelmed by.



RELATIONSHIP PROBLEMS

The top reason for our programs is usually relationship breakdown and the hurt and pain our clients hide with addictions.



HIDDEN PAST TRAUMA

Many of our clients have used their success to hide past issues that they have never been able to full cope with or move past that is affecting their day to day life.



AMPLE TIME \$ & ENERGY

There is such a thing as having too much time, money and energy to waste and within this lies a disconnection to yourself and your purpose in life.



OVERWORKED & EXHAUSTED

What will happen if you stop? Who will be affected? If the wheels fall off the fall out is crippling. So our clients just keep going until they are forced to stop & recreate life on their terms.



IGNORING PHYSICAL HEALTH

Pretending you don't live in a human body? Lost respect for the body? Body & mind showing signs of breakdown? If so it's time to nurture the physical body in order to live the life you want.



LACK OF RESILIENCE TOOLS

No one handed you a rule book to live life at the this level. Using a carefully created process we ensure you have all you need to succeed from the inside out.



BORED & LACKING PURPOSE

What are you really here to do? If you had it your way what would be the masterful vision for your life? We help you align and recreate.



WEARING MASKS

The identity you have created in order to survive is not who you are. We remind you who you are at your core and build a relationship with your true self.



OUTSIDE SCRUTINY

We help you shape the identity you want to share with the world and protect yourself with clear boundaries from others.



LACK OF SUPPORT TO MANAGE LIFE

As an external team here only to support YOU we have your back at all times confidentially to ensure you have the life you want and deserve.

THE ULTIMATE PROGRAM



STOP SEARCHING....

The world's most exclusive private treatment for true transformation

You will not find any other retreat or treatment center in Australia, USA, UK, EU, UAE, or Asia that offers this level of personalized attention, holistic program, peace, confidentiality & genuine life-changing results.

Since 2009 we are the most sought-after retreat for good reason and it is why every guest continues to work with us for years to come as their confidential guides & secret support weapon on the sidelines.

We simply offer excellence in creating the ultimate bespoke retreat for you where you can revamp every aspect of yourself and your life, fully customized, in peace and luxury. Not to mention the next-level treatment protocols that get you lifelong results.

You will walk away with....

- **REVITALISED PHYSICAL HEALTH** feeling the benefits of the Alive Health Protocols uniquely created for your mind, body, and physical rejuvenation
- **MIND TRANSFORMATION** as you learn the mind tools that help you self calm, get present, heal from within & focus on what truly matters
- **DE-STRESS YOUR LIFE** using our full high-performance system for living life to thrive instead of survive whilst eradicating burnout and stress for those who play at the top
- **TRUE INNER CALM & PRESENCE** time in nature to connect and reflect as well as our complete teachings and healing therapies for inner peace
- **REKINDLE YOUR PASSIONS & PURPOSE** and build a life that you love leaving retreat with a whole new life direction & plan for your future
- **INNER CONFIDENCE & SELF-WORTH** as you learn to become your own best friend and acknowledge your greatness beyond what you do ready to shine with ease

TRANSFORM EVERY AREA OF YOUR LIFE



Re create Life On Your Terms

We don't just support you to heal - we focus on a full life transformation including health, habits, becoming the greatest self, re-creation of your life, relationships, purpose, life direction, career and business, and a whole lot more. Every guest leaves our retreat forever changed ready to step into a new way of being with our ongoing support using our process and team for years to come to reach their human potential with our full support.

Your bespoke program is designed to release your struggles and unlock your human potential in record time.

We offer a genuinely life-changing experience that offers 'outside the box results' for those who live & think 'outside the box' in life.

Not only is our program empowering, it is genuinely fun and full of warm, effective, unconditional support, integrity, and honesty in your treatment and transformation.

BOOK A CALL

RECONNECT TO WHO YOU TRULY ARE



Bring Back The Meaning & Fulfilment

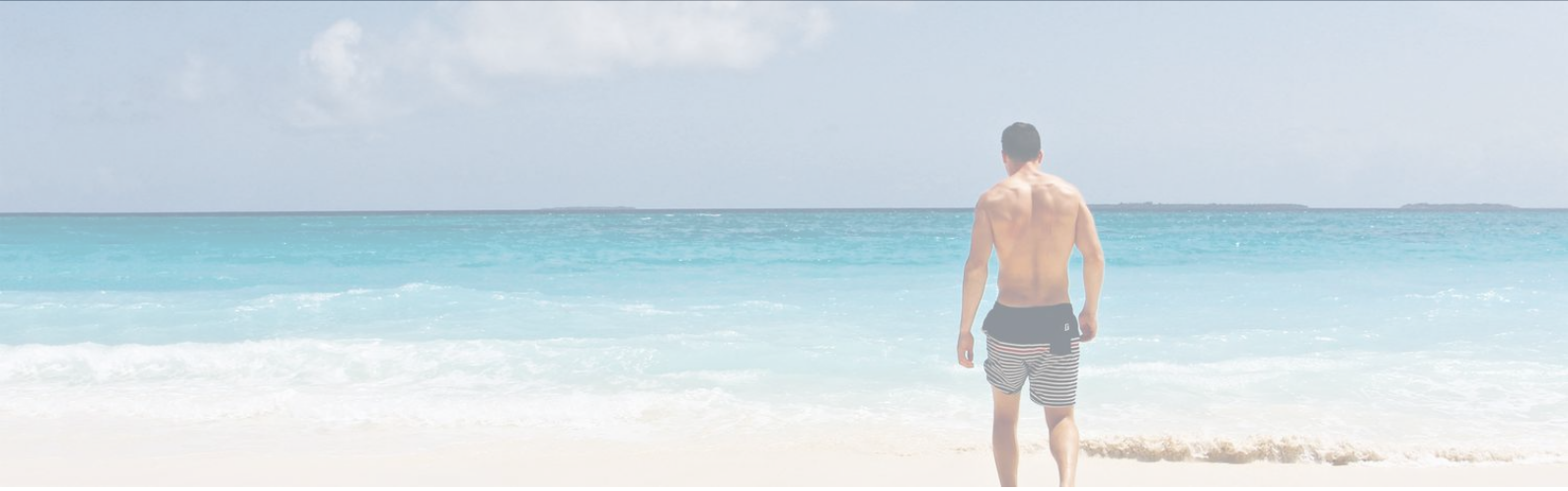
As you relinquish all responsibilities & gain time to reflect on who you truly are, what truly matters to you - the presence, meaning & fulfillment return and so does your thirst for living a life you love.

The true magic at retreat happens inside the small moments of care, self-reflection, immersion in nature & feeling fully supported to be who you truly are without restriction or judgment.

Regardless of the issues you are facing our approach is to empower (not punish or restrict) our clients and it is for this reason our clients experience transformation and results that last a lifetime.

BOOK A CALL

PHYSICAL TRANSFORMATION



Rejuvenate & Cleanse The Physical Body

Create inner power, focus & an abundance of vitality.

Transform the physical body through detox, cleansing, nutrition, complementary medicine, and a unique treatment plan to rejuvenate provided by your team of health experts.

Create an abundance of healthy habits & regain your personal power through reconnecting with the body, nature & yourself.

Our clients drop addictions & unhealthy ways of eating and being with ease and without restriction, judgment, or going without.

Instead, we offer a world's first biochemical treatment protocol with experts to ignite your passion for loving your body & creating a passion for healthy living that will serve you for the rest of your life.

BOOK A CALL

MENTAL & EMOTIONAL HEALING



Regain Your Inner Calm & Power

Release what holds you back & be fully supported on your journey to radically transform mentally & emotionally... and to be uniquely you.

Become fully empowered & resilient to face challenges, from the past & the present with our fast-track personal transformation therapy & coaching for becoming the best version of yourself.

Our clients learn to master their minds and emotions, heal the past, and say goodbye to burnout, anxiety, depression, and more for good. We understand the level you play at and the fear and overwhelm that comes with it. Our team of Psychologists, High-Performance Coaches, Psychotherapists, and more help you create radical healing and support you to become unstoppable with ease.

As you regain a true sense of calm with an empowered approach to reworking your mind and emotions you reconnect with your true self and rebirth an authentic sense of confidence and calm.

BOOK A CALL

THE POWER OF A 360 DEGREE HOLISTIC PROGRAM



Use A Proven Process & Expert Team

Feel & see the powerful difference with holistic healing to balance the body, mind & spirit with a collective team of wellness professionals supporting & transforming every aspect of you for the most optimum and rapid results.

Get results in weeks not months as your whole team transforms you and your life together in record time.

We use a proven holistic approach designed for VIPs including a range of complimentary healing therapies and a full team to empower and transform you. Our process is proven and we support you before, during, and after your stay as your A team ready to ensure you live your best life free of struggles, surrounded by unconditional support.

BOOK A CALL

THE THERAPIES



360 HOLISTIC THERAPIES

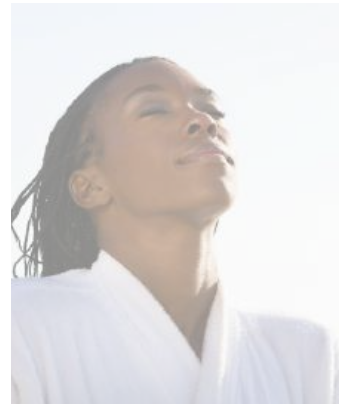
Health Rejuvenation

- GP, Nurse and Medical Team
- Biochemical and Analysis Team
- Nutritionist
- Naturopath and Herbalist
- Chinese Medicine Therapist
- Private Health Food Chef
- Wellness Coach



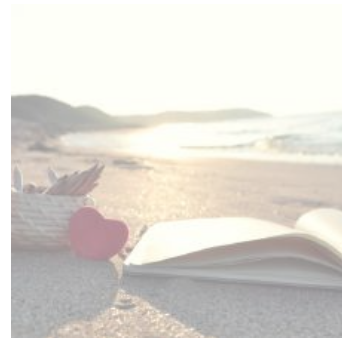
Inner Peace & Healing

- Senior Worldclass Yoga Teachers
- Expert Meditation Teachers
- Mindfulness Teachers
- Breathwork Facilitators
- Energetic Healers
- Kinesiologists
- Bio Feedback



Life & Habits

- Master Alive Life Coaches
- High Performance Experts
- Relationship Coaches
- Leadership Coaches
- Personal Development Influencers



Culture & Adventure

- Nature Exploration Experiences
- Adventure Experiences on the Island of Bali to Waterfalls, Volcanoes & Lots More
- Balinese Healing Experiences
- Spiritual Tours



360 HOLISTIC THERAPIES



Body Work & Spa

- Acupuncture
- Acupressure & Shiatsu
- Massage - All Techniques
- Osteopath
- Spa & Beauty Team
- IV Therapies
- Oxygen Therapies



Physical Movement

- Personal Trainers (all types)
- Martial Arts
- Fun Fitness - Outdoor Sports & Adventure Guides
- Hiking Guides
- Pilates



Mental Health

- Psychotherapists
- Psychologists
- Addiction & Trauma Specialists
- Facilitators & Hosts
- 24/7 Support Team



Business & Career

- Business Coaches & Consultants
- Team & Personell Coaches & Trainers
- Financial Consultants
- Career Guides
- Busienss High Performance Program & Support

THE PROVEN ALIVE PROCESS



INSIDE YOUR TRANSFORMATION

18 Powerful Areas Covering Our Proven System For Health, Happiness & High Performance for VIP's.

- Full Access To Hand Picked Coaches, Wellness Experts & Consultants
- 1:1 Sessions With The Alive Therapists On Each Key Learning AT MASTERY LEVEL
- Tool Kit - Visual How To Guidebook & Online Accountability System Ensures You Manage Every Aspect Of Yourself, Life, People & Business



GET TO THE CORE OF THE ISSUES

Self Awareness | Start With The End In Mind | What's the Problem? | Close The Gaps | Define Your Greatness | Attitude

We explore the art of self-awareness & how to pinpoint your own gaps in life, self, relationships & business. You learn how to explore from the outside looking at where you are, where you want to be, and how to close the gaps.



STRESS ELIMINATION

Everything Is Touching Everything | Stages Of Stress | Defusing & Removing Stress Holistically

You will nail your key stresses and remove them - hint - they are never what you think. Our fast tools for stress reduction involve cleaning up what's in the way of greatness & stepping into clarity and calm.



HEALTH TRANSFORMATION

Unlimited Health Holistically | Energy & Focus | Daily Habits For Greatness | Sleep & Rest Hacks | Biohacking

You will revamp your health on every level. At Alive our health model transforms the health of the whole person naturally, effectively & fast. You will then still have the habits to power up your energy to fulfill your potential healing mental health issues from the inside out.

OUR PROVEN SYSTEM



REGAIN ENERGY, HEALTH & VITALITY

Detoxification | Cleansing | Health Plan | Unlimited Power & Energy | Physical Movement | Exercise

You remove toxicity in your life on every level including physically. Our purification process mastered over 15 years of research includes protocols using food for mood & energizing your body on every level with exercise for life force.



CREATING PERMANENT PEACE

Presence | Connection | Inner Calm | Creating Peace

You dive deeply into connection with who you are at your core and the world around you. With the Alive system for inner peace you bridge the gap between your identity and your true self and build permanent internal peace & belonging unshakable by your external world.



MASTER YOUR MIND

ACT | CBT | Psychotherapy | Master Your Mindset | Transform Your Relationship To Your Internal World | Release Internal Struggle

You transform your relationship to the thoughts, stories & beliefs that are holding you back. The Alive mind system leverages your potential by increasing your EQ. Armed with emotional intelligence you become unstoppable.



FROM FEAR TO FLOW

Overcoming Fears | Transforming Limiting Beliefs | Self Worth | Cleaning Up

You unveil the deepest invisible aspects of you that are holding you back in every area of life. We clean up what's in the way of reaching your absolute potential.

OUR PROVEN SYSTEM



CLEAN HOUSE

Emotional Baggage Release | Emotional Transformation | Pain Drains
| Living & Creating From Present Not Past

You clean house internally releasing your emotional baggage weight and stepping into full expression of yourself without resentment or regret. Unleash the past, release what holds you back, and move forward with full force into the present where creation lives.



CREATING TRUE FULFILMENT

Your Value System | Crafting Fulfillment | Live With Meaning

You get clear on what matters most to you from the inside out. You design a life of true meaning & absolute fulfillment and live from an inner compass directed by values in both life, relationships, and business. Your boundaries & direction take a powerful shift through this process.



DRIVE YOUR LIFE WITH PURPOSE

What's Your Genius | Stay In Your Own Lane | Serving Vs Doing | Live On Purpose | Be Yourself

You clarify how you serve in the world. Our purpose changes over time so now is the time to show up as your unique self & powerfully serve the world in your own lane operating only from your genius.



THE ULTIMATE LIFE VISION

Vision | Creation | Life Mapping | Laws of Abundance | Trust

You become the wizard of your world crafting your own unique vision for every aspect of your life and business bringing it to life in record time. Operating from fearless faith we set your vision on fire.

OUR PROVEN SYSTEM



MASTER YOUR WEALTH CREATION

Money Mindset | Sustainable Wealth Creation

We dive deep into your beliefs and mindset around money, prosperity, legacy, and sustainable wealth creation without wastage, scarcity, lack & being clear on your drivers for wealth creation with integrity. With a healthy respect for all you create, you will forge a relationship with long-term financial gain through mindset shifts.



BECOME A LEADER

Leader Not Boss | Visionary Vs Controller | Boundaries | Delegation | Team | Support

You master your natural leadership skills and become the visionary driving force behind all that you do with the full support of your team clear on their roles of support. You now step fully into your own power without apology.



RELATIONSHIP SUCCESS

Manage Your People | Communication | Listening | Understanding | Close Personal Relationship Success | Intimacy | Relationship Standards & Agreements

You forge deeply connected relationships with those closest to you and create the relationships you want with those around you with ease & clarity.



MAP FOR SUCCESS & AFTERCARE

Life Map | Goals | Time Management | Integration Of Vision

Now your vision becomes your reality with a clear pathway and the Alive life management & mapping system in place to launch the next chapter of your life with inspiration, excitement, and joy. Your Alive team stays by your side to integrate all changes into real life.

YOUR LUXURY RETREAT

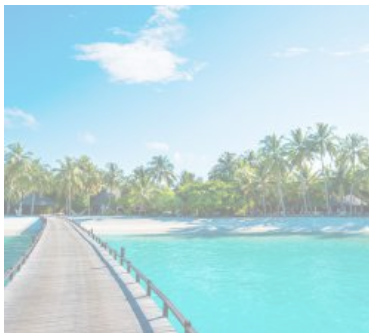


OUR LOCATIONS



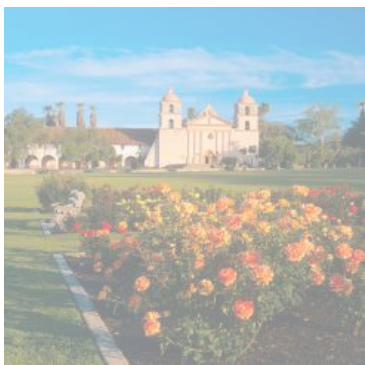
Bali Indonesia

- Perfect for our Australian and Asian Clients
- 5 Star Beachfront Boutique Villas
- Program Pricing From \$35 000 USD Per Week



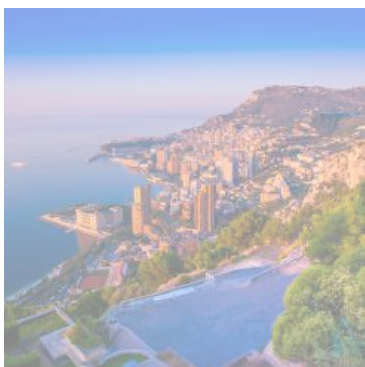
Maldives

- Perfect for our UAE & Gulf Clients
- 5 Star Overwater Villas
- Program Pricing From \$70 000 Per Week



Santa Barbara Usa

- Perfect for our North, Central & South American Clients
- 5 Star Mansions
- Program Pricing From \$70 000 Per Week



French Riviera, Europe

- Perfect for our European and Uk Clients
- 5 Star Luxury Villas
- Program Pricing From \$130 000 Per Week

LUXURY ACCOMODATION

LUXURY SERVICE AT ITS BEST IN PRIVACY IN
MULTIPLE LOCATIONS AROUND THE WORLD



Your Own Private Discreet Hideaway

Every space for each guest is uniquely chosen for your tastes & level of privacy and confidentiality.

Step into your beautiful paradise surrounded by nature & leave all of your worries behind as we take you on a journey of a lifetime.

At Alive you enjoy a choice of your own private 5-star luxury accommodation with each villa chosen to suit your uniqueness offering expansive spaces, surrounded by nature & privacy in absolute luxury.

Never lift a finger and allow our team to take care of your every need during your personalized & tailored wellness retreat experience with 24/7 support.

With multiple spaces to unwind & relax and your own secluded space, you will feel at peace as you are lulled into relaxation at the spa, served delicious mouth-watering meals with our private executive detox chef, enjoy daily yoga & meditation classes overlooking the view & wander the local rice paddies or quiet village to take in the breathtaking natural surrounds with our guides.

All of your private 1:1 therapies are delivered on-site as our team nurtures you in secrecy and seclusion giving you the space to feel free and present as you need it.

With your butler and drivers on stand by you can enjoy absolute freedom with all your needs taken care of by our facilitators, hosts, wellness and private resort team.

BOOK A CALL

THE ULTIMATE 5 STAR SERVICE

WE OFFER ATTENTIVE SERVICE SO YOU NEVER LIFT A FINGER



Never Lift A Finger

Well before you arrive you are in good hands. We make booking your retreat a streamlined experience with personalised service from start to finish. You have your own designated booking manager, hosts & facilitators on retreat to ensure your needs are met, private drivers, daily service and house keeping, service & concierge team - all so that you are well taken care of because you deserve it!

Let Us Nurture You

- Private Butler 24/7
- Daily housekeeping
- Private drivers
- Butlers & Concierge (5-star properties only)
- Reception booking team
- Booking managers
- Retreat hosts and facilitators
- Spa team
- Complete 360 Wellness team

BOOK A CALL WITH YOUR WELLNESS CONCIERGE

24/7 SUPPORT



Bespoke team and space uniquely created for your needs

We've carefully created the ultimate retreat experience unlike any other retreat to ensure that you feel like royalty during your stay with us as we pamper you & support you on your life-changing journey now and always:

- Your own designated retreat host & executive assistant that offers you personal support & guidance during your stay
- Program Director and client manager driving and facilitating your retreat and team treatment experience at all times
- Live in team or therapist if required 24/7
- Travel with our private executive drivers & security ensuring you feel comfortable and safe at all times
- As much support, privacy, and space as you require with a team skilled at dealing with the Elite
- A complete wellness & therapy team with a carefully planned program that offers proven results in record time
- No restriction - you are treated as a fully willing adult and we don't restrict your contact with the outside world or freedom to move in and out of the space as long as you remain fully committed to the process and team
- Zero judgment and constant self-empowerment from a team who is there to fully support you in being uniquely you

BOOK A CALL

EXECUTIVE ACCOMMODATION



EXECUTIVE SUITES

Our executive retreats offer you your own secluded villa/suite nestled within a boutique luxury hotel. With impeccable service, facilities, and 5-star luxury hidden amongst nature executive level accommodation offers you the best of both worlds - stunning 5-star accommodation and treatment in privacy to enjoy the ultimate level of personalized service from your wellness & villa team.

EXECUTIVE INCLUSIONS

- 1 - 2 bedroom villa/suite available
- Private butler 24/7
- King bed
- Lush furnishings
- Open spaces with divine views of nature
- Lounge & desk areas
- Ensuite bathrooms with shower and bath
- Balcony and patio areas
- Absolute peace and privacy
- Daily housekeeping
- Room Service - your own customized wellness menu & private chef
- Complete Alive Wellness Program

[BOOK A CALL WITH YOUR WELLNESS CONCIERGE](#)

VIP ACCOMODATION



VIP VILLAS

Our VIP retreats offer you your own secluded villa/suite within an exclusive area. Extremely secluded and hidden locations. With complete privacy and no distractions, you are hidden from the outside world and enjoy the ultimate level of personalized service from your wellness & villa team yet can enjoy the stunning facilities.

EXECUTIVE INCLUSIONS

- 2 - 3 bedrooms villas available
- Private butler 24/7
- King beds
- 5 Star furnishings
- Open spaces with divine views
- Lounge & desk areas
- Ensuite bathrooms with shower and bath
- Balcony and patio areas
- Absolute peace and privacy
- Daily housekeeping
- Room Service - your own customized wellness menu & private chef
- Complete Alive Wellness Program

[BOOK A CALL WITH YOUR WELLNESS CONCIERGE](#)

ELITE ACCOMODATION



ELITE VILLAS & PRIVATE ESTATES

Our ELITE retreats offer you your own secluded residence and private estate in one of the most luxurious locations in the world, French Riviera. With complete privacy and no distractions, you are hidden from the outside world and enjoy the ultimate level of personalized service from your wellness & villa team yet can enjoy the stunning facilities.

EXECUTIVE INCLUSIONS

- 4+ bedrooms villas/estates
- Private butler 24/7
- King beds
- 5 Star furnishings
- Open spaces with divine views of the beach
- Lounge & desk areas
- Ensuite bathrooms with shower and bath
- Balcony and patio areas
- Absolute peace and privacy
- Daily housekeeping
- Room Service - your own customized wellness menu & private chef
- Complete Alive Wellness Program

BOOK A CALL WITH YOUR WELLNESS CONCIERGE

RETREAT INCLUSIONS & PRICING



PROGRAMS OVERVIEW 7 NIGHTS

PROGRAM INCLUSIONS	HEALTH & DETOX	STRESS & BURNOUT	MENTAL HEALTH	ADDICTION & REHAB
Customised 1:1 Program You Are The Only Guest	Yes 7 Day Minimum	Yes 10 Day Min Stay	Yes 14-21 Day Min	Yes 21-30 Day Min
Private Movement Sessions	3 x Yoga, PT, Outdoor Fitness	4 x Yoga, PT, Outdoor Fitness	5 x Yoga, PT, Outdoor Fitness	6 x Yoga, PT, Outdoor Fitness
Private Inner Calm Sessions	2 x Meditation, Mindfulness, Breathwork	3 x Meditation, Mindfulness, Breathwork	4 x Meditation, Mindfulness, Breathwork	5 x Meditation, Mindfulness, Breathwork
Private Health & Wellness Sessions	GP, Naturopath, Wellness Coach, Biomedical Testing, IV	GP, Naturopath, Wellness Coach, Biomedical Testing, IV	Extensive GP, Naturopath, Wellness Coach, Biomedical Testing, Natural Balancing, IV & Ozone Therapy	GP, Psychiatrist, 24/7 Medical Monitoring, Naturopath, Wellness Coach, Biomedical Testing, Natural Balancing, Medical Detox, Intensive IV & Ozone Therapy
Private Therapy, Executive Coaching & Counseling	Life & Wellness Coaching	Life, Wellness & Executive Coaching, Holistic Counseling	Life, Wellness & Executive Coaching, Holistic Counseling, Psychotherapy, Alive Mental Health Process	Life, Wellness & Executive Coaching, Holistic Counseling, Psychotherapy, Alive Mental Health Process, Psychiatrist
Customised Cleanse, Chef & Detox Menu	Private Chef, Holistic Customised Detox Menu	Private Chef, Holistic Customised Detox Menu	Private Chef, Holistic Customised Detox Menu	Private Chef, Holistic Customised Detox Menu
Facilitation, Support, Mentoring	Therapies Only, Booking Concierge, Daily Facilitator Check In	Booking Concierge, Daily Facilitator Check In, Support Coach	Booking Concierge, Daily Facilitator, Full Time Support Coach	Booking Concierge, Daily Facilitator, Full Time Support Coach, Live in 24/7 Support
Holistic Therapies	Acupuncture, Kinesiology	Acupuncture, Kinesiology, Regression Breathwork	Acupuncture, Kinesiology, Regression Breathwork, EMDR, Hypnotherapy, Alive Trauma Release	Acupuncture, Kinesiology, Regression Breathwork, EMDR, Hypnotherapy, Alive Trauma Release
Massage Bodywork & Spa	Daily Massage & Spa In House or 2x 5 Star Spa Visits	Daily Massage & Spa In House or 3x 5 Star Spa Visits	Daily Massage & Spa In House or 4x 5 Star Spa Visits	Daily Massage & Spa In House or 4x 5 Star Spa Visits
Adventure, Cultural & Spiritual Experiences	Full Day 5 Star Nature Adventure & Cultural Experience	Full Day 5 Star Nature Adventure & Cultural Experience	Full Day 5 Star Nature Adventure & Cultural Experience, Weekly Mini Experiences	Full Day 5 Star Nature Adventure & Cultural Experience, Weekly Mini Experiences

The above programs are a guide only. All programs are bespoke and created to suit your unique needs.

VILLAS/SUITES & PROGRAM PRICING - ALL INCLUSIVE



EXECUTIVE
5⁺ Private Villa Suite

INCLUSIONS

Executive Level
Beach View
1 Bedroom Luxury Suite

- 1 bedroom Ultra Private Villa/Suite
- 5 Star Villas
- Private Driver
- Private Chef
- 24/7 Butler Service
- Daily Housekeeping
- 5 Star Award Winning Spa & Resort Facilities
- Complete privacy and seclusion

FROM PRICING USD

Burnout FROM
Mental Health \$35K
Addiction PER
Medical Detox WEEK

*Prices are for 1 person private retreat.
Couples and groups POA*



VIP
5⁺ Private Villa

INCLUSIONS

VIP Level
Water of Mountain Views
2 - 3 Bedrooms

- 2 - 3 Bedrooms Ultra Private Villas
- Private Driver & Luxury Car
- Private Executive Chef
- 24/7 Butler Service
- Daily Housekeeping
- Beachfront, Hidden Beach
- 5 Star Award Winning Spa Facilities
- Complete privacy and seclusion

FROM PRICING USD

Burnout FROM
Mental Health \$70K
Addiction PER
Medical Detox WEEK

*Prices are for 1 person private retreat.
Couples and groups POA*



ELITE
5⁺ Private Estate

INCLUSIONS

Elite Level
Luxury Views
4+ Bedrooms

- 4+ Bedrooms Ultra Private Villa or Estate
- Top 5 Star Villas
- Private Driver & Luxury Car
- Private Executive Chef
- 24/7 Butler Service
- Daily Housekeeping
- 5 Star Award Winning Spa & Facilities
- Complete privacy and seclusion

FROM PRICING USD

Burnout FROM
Mental Health \$130K
Addiction PER
Medical Detox WEEK

*Prices are for 1 person private retreat.
Couples and groups POA*

WHAT OTHERS SAY



RECENT TESTIMONIALS



3 Bottles of Vodka a Day. Divorce. Previous Rehabs Didn't Work But This Does.

I was groomed to be successful. I became extremely successful as planned. But I never learned to deal with the extreme success I created and all the people that I was responsible for and through it all I lost myself and who I really was - COMPLETELY. Many bottles of vodka later and many many relationship and legal issues I sought out Alive. I worked with the team 3 months prior to arrival and within 2 weeks of a my LIVE program I was in awe of the care, love and support and the real tools to re create every single aspect of my life from business, children, family, staff and most importantly I learned more about myself and my needs than I ever could of in a lifetime. I am now the 'light house' and not the 'life boat'. I have every single tool needed to act in the real world when I need it. I am emotionally stronger, I have rectified some very serious health issues, I had zero detox symptoms which still amazes me how they did it without medication, I am centred and I am 100% ready to take on the world, to create again with the support of the team in the real world to recreate every aspect of my life. Most importantly I now have a support team with a lot of skill and a lot of fun we are making these changes happen in real life where it matters most. The new me (or old me) is back!

Adam, 52, Australia, Property Investor, Alcohol Rehab Program



Reconnection to Family, Faith & Life

I was never equipped with the tools to deal with being a billionaire. I was also never taught to deal with my own mind and all the needs of others constantly around me. I found Alive after searching for months. I arrived within 2 days completely exhausted after binging for 2 years constantly on a range of drugs. I detoxed naturally with the support of quite a few team members and therapies with no real symptoms.

Alive helped me reconnect to the faith I had lost in myself and my religion. Over a month I was able to rebuild my health and see clearly how I was running from the needs of others. I think the most important thing I walked away with was the ability to speak up, set boundaries and say no which I previously could not do.

The team are very straight forward and direct and each person gets into to a different part of your life and takes action with you to create the changes whilst there. My therapist for direct and fun and I couldn't wait for every session - I just wanted more and more.

I am now back to focusing on what matters most - faith and family and my own purpose instead of getting lost in helping others out of guilt. Because of this I have no need to hide or numb with drugs. I've learned that purpose is the true healer of anxiety and addiction and I now have a system to manage all I have created. Thank you to the whole team.

D.K. 42, Malaysia, Drug Addiction Program



Anxiety Gone. Relationship Saved. Business Sailing.

Having made a lot of money young I had no idea how to handle life, relationships or what I had created.

I was so anxious I couldn't attend my own wedding.

From the first conversation you just got me. I couldn't get on the plane fast enough.

The tools you have given me for every area of life are like a gift that just keeps on giving.

I've been free of anxiety for months now, you've helped me heal my relationship and restructure my whole life and business now centred around my health, purpose and love of life.

Thank you team. Couldn't keep doing it all without you.

Jamie, 30's, Crypto Investor & Entrepreneur, Anxiety & Relationship Retreat



RECENT TESTIMONIALS

I've never experienced this level of support

After 20 years of parenting and business and putting myself last - it all caught up.
If I didn't find you I would've fallen over.
I was really starting to drop the ball in areas of life.
Within just a week I simply couldn't believe the change in my thoughts, stress, body, energy and a sense of pure happiness coming back.
I connected to each and every one of you and I have never met such a caring, knowledgeable, skilled group of professionals that can literally turn someone's life around with so much ease.
I've never received this level of support before and didn't even know it existed.
I am so passionate about what you do I'm quickly spreading the word in the middle east.
What you do is needed everywhere.
Thank you team. I have the greatest respect for your work.

Ayman, 50's, Investment Banker, De Stress Retreat



I'm just ringing to say thank you...

I rang today...not because I am depressed or medicated again. But to tell you all the exciting things that have happened in my life since my first retreat. As you know I've done 2 retreats with you.
The first you picked me up off the floor and I left an abusive marriage. I found my self again.
The second you help me set my life, wealth and business on fire.
Who would've thought I would be free of such severe depression, trauma and being trapped.
Who knew I would go on to create all the businesses, wealth, passion and plans we set out to?
You believed it, I wasn't sure. But look at it now all in play. I'm living proof of what you do.
Being an empowered Arabic women is rare. I am now a role model for others to believe in themselves and live a life of passion and freedom.
I love the Alive team who I consider family. I can never express my gratitude in words but I just rang today to say Thank you from the bottom of my heart for the life I get to live.

Fatma, 30's, Entrepreneur, Depression Retreat



Thank you for the new lease on life

Minutes into our conversation I knew you were the right team for me.
Addicted, exhausted, broken, marriage falling apart, losing my business and life.
It seemed insurmountable and I didn't where to start.
Luckily you weren't scared at all and quickly got to work.
Within one week my energy was back and we cleaned up the mess. Heidi works fast & directs her team with grace to do what needs to be done in every area of your life.
The most crucial thing you helped me see was that all I was trying to fix was not at all aligned with what mattered to me. 3 months since retreat I am physically a different person with a totally new lease on life. It would take pages to describe all the changes. It's pure magic. A heartfelt thank you doesn't cut it.
How could I every express how grateful I am?

Michael, 40's, Creative Director, Burn Out Retreat



RECENT TESTIMONIALS

I have my life back

My manager found you. I was skeptical to say the least. I was a shadow of myself and unable to produce or create at that point. My career was near over.

Years of tours, creation, so many people and moving parts. I was just done.

Heidi you carefully pulled my life & business apart and put it back together seamlessly taking years of stress off my shoulders. The team worked their magic and mentally all the strain lifted and the focus returned like a river of creativity.

Having you all by my side for the last year since has made my job easier, my team happier and my brand profitable. I have my life & sanity back.

I'm not sure what we would do without you. Gratitude for all that you do.

Carlo, 30's, Musician, Burn Out & Addiction Retreat



Life Saving

When I made the decision to finally get clean (again) I was dreading rehab. My sister found you and thank god she did. Everything from day 1 just made sense. It's hard to describe in words how everything you do works together - it just does. I've never met such inspiring people so deeply committed to what they do and received this level of unconditional love and care - not even from my own family. Months later I have no urges or desires & my sense of self is strong. I'm proud of my journey and I'm running with the lessons I've learnt free from the guilt. The physical fitness and transformation so fast has been a huge motivator for me to maintain. I've let go of all the toxic people and the career is finally sailing.

How do you say thank you in words for all of that? But thank you a million times over.

Hans, 20's, Photographer, Addiction Retreat



5 Stars - Liberating!

Liberating, educational, empowering. My heart brought me here and now I trust it again. I am incredibly grateful and have had the most transformative weeks of my life.

I'm leaving with a new approach to life. I will refer to everyone I know.

Maya, 20's, Anxiety Retreat



RECENT TESTIMONIALS

Utterly Inspiring

'My retreat was:

Powerful

Motivating

Instructive

Honest

Utterly Inspiring

Thank you for a genuinely life changing experience.'

Shane, 50's, Architect, Depression Retreat



Amazing Support!

'I can't thank you all enough for the amazing support, wealth of knowledge and genuine care that I received at the retreat. I have learnt so much and am inspired to continue learning and putting this all into practice for the long term and for me!!

Meg, Mining Executive , 40's, Burn Out Retreat



Amazing Experience

Thank you for an amazing experience that is beyond words.

Inspired

Re centred

Energised

Hopeful

What a gift to be able to deal with years of hustling, burn out, parenting and business issues all at once with remarkable results. I'm excited for the changes in health, business, life & relationships & will refer all that I know back to you.

Emma, 50's, Doctor, Burn Out Retreat



LET'S BEGIN YOUR JOURNEY



CREATE A BESPOKE PROGRAM

LET'S GET STARTED

We offer a 100% life changing experience. Our track record is 100% results for every client - we reach their goals no matter what it takes. It is for this reason that we choose our clients carefully to ensure we can in fact meet your needs now and well into your future. Our client spaces are limited and we support those ready and willing only. To apply you or your team follow these simple steps:

1. [Book Your First Call](#)

[Go here](#), select a time that suits you or those closest to you to complete a full overview of what is required to transform your life.

[BOOK A CALL](#) OR CALL US TO BOOK OVER THE PHONE OR WHATSAPP:
+62 821 2411 0116

2. Complete Our 3 Min Assessment & Confidential Call

3. Complete NDA & Therapeutic Agreements & You Are Booked In

4. Your Entire Program & Team Is Ready In Under 48 Hrs

BOOK CALL

THE TEAM

ALIVE LUXURY RETREATS

+62 821 2411 0116 - CALL OR WHATSAPP
director@aliveluxuryretreats.com
aliveluxuryretreats.com